

18.5  
CME Credits

# AAOS Articular Cartilage Restoration: Current, Emerging, and Advanced Techniques



**SURGICAL SKILLS**

February 7 – 9, 2019

OLC Education & Conference Center, Rosemont, IL

Kevin D. Plancher, MD, MPH

Nicholas A. Sgaglione, MD

Course Directors

[aos.org/ArtCart](http://aos.org/ArtCart)

Register by  
December 1  
and Save  
\$200!



**“This is the best course I have been to in years and I believe that is directly attributable to the format. Only through disagreement and discussion can we find truth and consensus.” – Ted J. Cerise, PA**

## **Cartilage Surgery Made Easy!**

This premier skills course provides training for simple and complex primary and revision procedures, and features ample hands-on lab time with marquis faculty, industry-sponsored sessions, interactive discussions, panel debates, and expert demonstrations. Gain access to the latest technology before your colleagues, and learn the science behind it, so you can improve your proficiency and immediately implement new treatments for your patients.

### **We will cover the newest innovative cartilage procedures and techniques:**

- Advanced MRI of Osteochondral Lesions
- Microfracture/Chondroplasty
- Collagen Meniscal Scaffolds
- Meniscal Transplantation
- Autologous Chondrocyte Implantation
- Osteochondral Auto/Allografts
- Meniscal Allografts
- Amniotic Allografts
- Tibial and Femoral Osteotomies
- Fixed Bearing UKA
- MPFL/MQTFL Reconstruction

### **Who should attend:**

Orthopaedic surgeons and PAs with a practice focus in sports medicine interested in learning simple and advanced procedures for cartilage restoration. Orthopaedic surgeons and PAs who treat patients with early stage osteoarthritis will find this course an exceptional learning experience for skills development.

## THURSDAY, FEBRUARY 7

Afternoon 3:00 pm – 9:30 pm

INDUSTRY SPOTLIGHT SESSIONS (Non-CME)

### CLINICAL STRATEGIES AND STATE-OF-THE-ART APPROACHES

#### LECTURES

How I Work Up My Patient with a Cartilage Injury: An Algorithm for Success

Managing Malalignment: My Pearls and Why is it Important?

Biological Injections: Where Are We At in 2019 with PRP and HA?

Stem Cells and Growth Factors: Just the Facts!

Meniscus Repair: How to Make it Work and When Are You Too Old?

Meniscal Transplantation in a 23-Year-Old: Pearls and Pitfalls. How I Do It and Does It Last?

Primary Approaches to Symptomatic Articular Cartilage Defects: Debridement, Marrow Stimulation and Osteochondral Transplantation. Which Procedure Really Works and When I Use It

Autologous Chondrocyte Implantation: I Am a Believer and You Should Be Too!

The Role of Physical Therapy in the Patient with a Cartilage Lesion: Winning Over Your Therapist

#### CASE-BASED PANEL DISCUSSION

Management and Decision-making: A Case-Based Approach

## FRIDAY, FEBRUARY 8

Morning 7:00 am – 12:00 pm

#### HANDS-ON SKILLS LAB

Arthroscopic Chondroplasty

Microfracture

Osteochondral Fixation Devices

Osteoarticular Allograft

Osteochondral Autograft Implantation

Meniscal Repair



#### EXHIBIT TIME

#### FACULTY SURGICAL DEMONSTRATIONS

How I Perform Meniscal Allograft Transplantation

Second Generation ACI Utilization

#### HANDS-ON SKILLS LAB

ACI Harvest With Implantation

Meniscal Transplantation



Fresh Osteochondral Allografts for Cartilage Defects

#### LUNCH AND LECTURES

“Excellent faculty. They could not have been nicer or more approachable or more helpful. My only regret is not being able to go to this course every year.” – Robert M. Hazel, MD

## FRIDAY, FEBRUARY 8, continued

Afternoon 12:30 pm – 5:30 pm

### 2019 UPDATE: NOVEL TECHNIQUES

#### LECTURES

Meniscus Root Repairs: Indications, Techniques, Results, and When I Do It

Meniscal Horizontal Cleavage Tears: My Approach. Easily Solved – Debride or Repair Them

Osteochondral Allografts: Fresh Allografts Are the Way To Go. All the Rest Fail!

Dreaded Chondral Defects of the Patellofemoral Joint: How I Treat Them – Finally I Have Answers and Success

Tibial and Femoral Osteotomies: When is it Time? How I Succeed. How Long They Last.

#### HANDS-ON SKILLS LAB

Patellofemoral Joint Grafting



#### FACULTY SURGICAL DEMONSTRATION

Tibial Osteotomy with Immediate Weightbearing

#### HANDS-ON SKILLS LAB

Tibial and Femoral Osteotomies



#### EXHIBIT TIME

#### LECTURE

Isolated Cartilage Defects 2–5 cm: What Works, What Doesn't: How Do You Pick Your Cartilage Procedure – An Algorithm for Success

#### CASE-BASED PANEL DISCUSSION

My Most Difficult Cases and How I Solve Them

## SATURDAY, FEBRUARY 9

Morning 7:00 am – 12:00 pm

#### LECTURE

OCD of the Knee and Ankle: Can We Help These Kids Get Back to Sport! How Long Does It Take?

#### FACULTY SURGICAL DEMONSTRATION

Fixed Bearing UKA

#### HANDS-ON SKILLS LAB

Medial/Lateral UKA



#### LECTURE

How, When and Where for a Successful MPFL/MQTFL Reconstruction

#### HANDS-ON SKILLS LAB

MPFL/MQTFL Reconstruction



#### LUNCH

Afternoon 12:30 pm – 3:00 pm

#### CASE STUDIES AND Q&A WITH THE FACULTY

#### CASE-BASED PANEL DISCUSSION

Complications of Cartilage Surgery

#### HANDS-ON SKILLS LAB

MPFL/MQTFL Reconstruction All Open Anatomic Dissection



**Kevin D. Plancher, MD, MPH**  
Plancher Orthopaedics & Sports Medicine  
New York, NY  
**Course Director**



**Nicholas A. Sgaglione, MD**  
Northwell Health  
Great Neck, NY  
**Course Director**

## Invited Faculty

Annunziato Amendola, MD  
F. Alan Barber, MD  
Jack M. Bert, MD  
Shariff K. Bishai, DO  
Kevin F. Bonner, MD  
Paul E. Caldwell III, MD  
Thomas R. Carter, MD  
Brian Chillelli, MD

Philip A. Davidson, MD  
Thomas M. DeBerardino, MD  
Jason L. Koh, MD  
Christian Lattermann, MD  
Xinning "Tiger" Li, MD  
Louis McIntyre, MD  
Sean McMillan, DO  
Anthony Miniaci, MD, FRCS

John C. Richmond, MD  
Seth Sherman, MD  
C. Thomas Vangsness, Jr, MD  
Armando F. Vidal, MD  
Kevin E. Wilk, DPT, PT  
Adam B. Yanke, MD

For a complete list of faculty with their affiliations and to register, visit [aaos.org/ArtCart](http://aaos.org/ArtCart). Please note: Course faculty subject to change. All faculty members have disclosed potential conflicts of interest. These disclosures can be viewed online at [www.aaos.org](http://www.aaos.org) under 'Member Services'.

## Course Tuition

Registration fee includes course materials, electronic syllabus, lunch, and refreshment breaks.

	Register Through Dec. 1, 2018	Register After Dec. 1, 2018
AAOS Member/International Member	<b>\$1,799</b>	<b>\$1,999</b>
Nonmember/International Nonmember	<b>\$2,399</b>	<b>\$2,599</b>
Orthopaedic Resident/Post Residency Fellow/U.S. Military*	<b>\$1,499</b>	<b>\$1,699</b>
Physician Assistant/Surgical Assistant Member <sup>†</sup>	<b>\$679</b>	<b>\$879</b>
Physician Assistant/Surgical Assistant Nonmember <sup>†</sup>	<b>\$979</b>	<b>\$1,179</b>

\*For AAOS members in active U.S. military duty only

<sup>†</sup>PAs/Surgical Assistants can attend lectures, view surgical demonstrations, and observe in the lab. Please note: PAs/Surgical Assistants must register with an orthopaedic surgeon by calling AAOS Customer Service at 1-800-626-6726 and providing the name of the surgeon that is registered for the course.

## How to Register

- Online** at [aaos.org/ArtCart](http://aaos.org/ArtCart)
- Call** AAOS Customer Service at 1-800-626-6726 from 8:00 am to 5:00 pm CT. Outside U.S. dial +1-847-823-7186.
- Print** registration form at [aaos.org/ArtCart](http://aaos.org/ArtCart). Mail the completed form to AAOS, 9400 W. Higgins Rd., Rosemont, IL 60018. Or fax to 1-800-823-8025. Outside U.S. fax to +1-847-823-8125.

## Hotel

### Hampton Inn & Suites

9480 W. Higgins Road  
Rosemont, IL 60018  
Phone: 1-847-692-3000

Next door  
to the  
AAOS  
and OLC!

### Housing Reservation Deadline

January 24, 2019

### Room Rate

\$134/night (plus applicable taxes)  
Single or Double occupancy

The Hampton Inn offers the following amenities: free shuttle service to and from O'Hare airport, complimentary hot breakfast, free Wi-Fi, swimming pool, exercise room, and a business center.



## Accreditation

The American Academy of Orthopaedic Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education (CME) for physicians.

## AMA Credit Designation

AAOS designates this live activity for a maximum of 18.5 **AMA PRA Category 1 Credits™**. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

## Obtaining CME Credit

Course participants must complete and submit an online evaluation form to receive CME credit.

**AAOS**

AMERICAN ACADEMY OF  
ORTHOPAEDIC SURGEONS

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Rosemont, Illinois 60018

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