

**SURGICAL  
SKILLS COURSE**

**The Cutting Edge 2017:  
Arthroscopic and Open  
Shoulder Techniques  
in the Athlete's Shoulder**

October 13–14, 2017  
OLC, Rosemont, IL

AOSSM gratefully acknowledges  
Smith & Nephew for an  
educational grant in support  
of this course.



The American Orthopaedic  
Society for Sports Medicine®



# AOSSM

## Surgical Skills Courses

OLC, Rosemont, IL

### COURSE DESCRIPTION

This course is designed for the orthopaedic surgeon who treats shoulder injuries in athletes. We offer current state-of-the-art techniques and treatment recommendations from world-class faculty, as well as hands-on cadaveric training in the OLC.

### COURSE OBJECTIVES

- To provide attendees with the current best practice instruction on open and arthroscopic treatment of athletic shoulder injuries from world-class faculty.
- To provide practical and personal hands-on cadaveric surgical training in the techniques.



### FRIDAY

October 13, 2017

3:00pm–8:00pm

3:00pm–3:05pm

#### Welcome/Opening Comments

Brett D. Owens MD  
Matthew T. Provencher MD

### ROTATOR CUFF

3:05pm–3:12pm

#### My Approach and Technique for Rotator Cuff Repair–How to Get this Right (SS and IS)

Nicholas A. Sgaglione MD

3:13pm–3:20pm

#### Subscapularis Tendon Repair–How to Get this Right (Open and Arthroscopic)

Steven B. Cohen MD

3:21pm–3:28pm

#### Massive Rotator Cuff Repair–Releases and Repair Technique (VIDEO)

Ilya Voloshin MD

3:29pm–3:36pm

#### My Cuff Repair (2.5 cm tear) (VIDEO)

C. Dain Allred MD

3:37pm–4:10pm

#### Rotator Cuff Cases–How I Dealt with It?

Moderator: Nicholas A. Sgaglione MD  
Steven B. Cohen MD  
Panel: Xinning Li MD  
Benjamin Ma MD  
Ilya Voloshin MD

### INSTABILITY

4:10pm–4:17pm

#### Arthroscopic Anterior Instability–All My Tricks

Bradley J. Nelson MD

4:18pm–4:25pm

#### Posterior Instability–Why is This Different and How to Treat (Scope and Open)

Michael G. Ciccotti MD

4:26pm–4:33pm

#### Open Shoulder Stabilization Revisited–How to Do this Well

Matthew T. Provencher MD

4:34pm–4:41pm

#### The Latarjet: The Open Gold Standard Techniques (VIDEO)

Brett D. Owens MD

4:42pm–4:49pm

#### How to Do a Free Bone Graft–My Technique and Pearls (VIDEO)

Joseph R. Lynch MD

## FRIDAY

October 13, 2017

### INSTABILITY (CONTINUED)

- 4:50pm–5:07pm **Adjuncts: All the Bone Grafts–Iliac Crest, Distal Tibia, Clavicle, and Humeral Head/Talus**  
Matthew T. Provencher MD
- 5:08pm–5:35pm **Panel: How to Treat This Instability Case–What I Did (or What Should I Have Done?)**  
Moderator: Jonathan F. Dickens MD  
Panel: Michael G. Ciccotti MD  
Bradley J. Nelson MD  
Brett D. Owens MD  
Matthew T. Provencher MD
- 5:35pm–5:45pm **BREAK (Dinner to Follow at 6:30)**

### AC JOINT/PEC MAJOR/BICEPS/THROWING SHOULDER

- 5:45pm–5:52pm **SLAP Repair Revisited–Who Needs a SLAP and How I Do It?**  
Timothy S. Mologne MD
- 5:53pm–6:00pm **Biceps Tenodesis–Proximal (Suprapec) Technique (VIDEO and Indications)**  
Xinning Li MD
- 6:01pm–6:08pm **Biceps Tenodesis–Distal (subpec) Technique (VIDEO and Indications)**  
Michael T. Freehill MD
- 6:09pm–6:16pm **AC Joint Stabilization (Scope with or without graft) How To Do This Acutely?**  
Josef K. Eichinger MD
- 6:17pm–6:23pm **AC Joint Stabilization–CC and AC Reconstruction Techniques (VIDEO)**  
Benjamin Ma MD
- 6:24pm–6:30pm **Pec Major–How to Anatomically Repair (Sternal and Calvicular Heads)**  
Travis C. Burns MD
- 6:31pm–6:45pm **BREAK (Pizza and Beverages)–Bring Dinner to Case Presentations**
- 6:45pm–8:00pm **Come Test Your Wits and Lively Discussion Panel and Cases–What to Do for This Shoulder?**  
Moderators: Brett D. Owens MD and Matthew T. Provencher MD  
Panel: Steven B. Cohen MD  
Michael T. Freehill MD  
Xinning Li MD  
Benjamin Ma MD  
Timothy S. Mologne MD

## SATURDAY

October 14, 2017  
7:00am–4:00pm

- 7:00am–7:10am **Lab Introduction and Rules of Road Plan for Success in the Lab**  
Brett D. Owens MD and Matthew T. Provencher MD
- 7:10am–7:17am **Irreparable Cuff–Superior Capsular Reconstruction (VIDEO)**  
Arun J. Ramappa MD
- 7:18am–7:23am **Advanced Labrum Repair Techniques (VIDEO)**  
Nikhil N. Verma MD
- 7:24am–7:30am **Arthroscopic Latarjet Revisited**  
Michael T. Freehill MD
- 7:30am–9:00am **LAB #1–Instability**
- 9:00am–9:10am **BREAK**
- 9:15am–11:45am **LAB #2–Rotator Cuff**
- 11:45am–12:00pm **BREAK/Lunch buffet pickup**
- 12:00pm–1:00pm **Lunchtime Panel: Cases in the Shoulder That Taught Me Something**  
Moderators: Brett D. Owens MD and Matthew T. Provencher MD  
Panel: Michael G. Ciccotti MD  
Jonathan F. Dickens MD  
Joseph R. Lynch MD  
Bradley J. Nelson MD  
Nikhil N. Verma MD  
Ilya Voloshin MD
- 1:00pm–2:30pm **LAB #3–AC/Biceps**
- 2:30pm–2:45pm **BREAK**
- 2:45pm–3:45pm **LAB #4–Pec Major/Open Shoulder/Capsule/What Do You Want To Do?**
- 4:00pm **Adjourn**



# WHAT MAKES THIS COURSE UNIQUE?

- Small faculty to participant ratio
- 6.5 hours of surgical skills lab instruction
- Renown faculty drawn from across the nation
- Modern learning environment

## IN-KIND SUPPORT

AOSSM gratefully acknowledges Arthrex, ConMed, DePuy Synthes, Smith & Nephew and Stryker for in-kind support.

## REGISTRATION HOURS

Friday, October 13      2:30pm–8:00pm

Saturday, October 14      6:45am–4:00pm

## COMPLIMENTARY MEALS

Complimentary continental breakfast is served at the Hampton Inn and Suites. Dinner on Friday and lunch on Saturday is provided in the OLC.

## ONLINE HANDOUTS

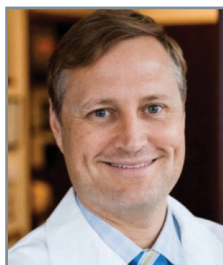
The handouts for this course are available online at: [www.sportsmed.org](http://www.sportsmed.org) under the “MY AOSSM” tab called “My Meetings”.

You can also access the handouts through the AOSSM mobile app. Download for free using the App Store.

## COURSE DIRECTORS



Brett D. Owens MD



Matthew T. Provencher MD

## FACULTY

C. Dain Allred MD  
Travis C. Burns MD  
Jorge Chahla MD, PhD  
Michael G. Ciccotti MD  
Steven B. Cohen MD  
Jonathan F. Dickens MD  
Josef K. Eichinger, MD  
Michael T. Freehill MD  
Xinning Li MD  
Joseph R. Lynch MD  
Benjamin Ma MD  
Timothy S. Mologne MD  
Bradley J. Nelson MD  
Arun J. Ramappa  
Nicholas A. Sgaglione MD  
Nikhil N. Verma MD  
Ilya Voloshin MD

## AMERICANS WITH DISABILITIES ACT

The AOSSM wishes to take those steps to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact AOSSM prior to arrival at [info@aossm.org](mailto:info@aossm.org)

## PROGRAM INDEPENDENCE

AOSSM attests that the people responsible for the development of this live activity did so independently and were not influenced in any way by commercial supporters.

## CONTINUING MEDICAL EDUCATION CREDIT

The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AOSSM designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## DISCLAIMER

The material presented in this continuing medical education program is being made available by the AOSSM for educational purposes only. This material is not intended to represent the only methods or procedures appropriate for the medical situation discussed, but rather it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations. Neither the content (whether written or oral) of any course, seminar or other presentation in the program, nor the use of a specific product in conjunction therewith, nor the exhibition of any materials by any parties coincident with the program, should be construed as indicating endorsement or approval of the views presented, the products used, or the materials exhibited by the AOSSM, or its Committees, Commissions, or Affiliates. The AOSSM makes no statements, representations or warranties (whether written or oral) regarding the Food and Drug Administration (FDA) status of any product used or referred to in conjunction with any course, seminar or other presentation being made available as part of this course. Faculty members shall have sole responsibility to inform attendees of the FDA status of each product that is used in conjunction with any course, seminar or presentation and whether such use of the product is in compliance with FDA regulations.

## DISCLOSURE STATEMENT

In accordance with the guidelines of the ACCME, it is the policy of the AOSSM that faculty and planners disclose to the learners all financial relationships during the past twelve months with any commercial interest (any entity producing, marketing, re-selling, or distributing health care goods and services consumed by, or used on, patients). Any and all disclosures will be provided in the final program that is distributed at the meeting. In accordance with AOSSM policy, faculty participation is predicated upon timely submission and review of AOSSM disclosures. Non-compliance results in faculty being stricken from the program.



## The Cutting Edge: Arthroscopic and Open Shoulder Techniques

October 13, 2017

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**Michael G. Ciccotti, MD**

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Arthroscopy

Journal of Bone and Joint Surgery - American

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 Journal of Bone and Joint Surgery - American  
 Journal of Medical Insight (JOMI)  
 Orthopedic Reviews  
 World Journal of Orthopaedics

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